

SPAARKZ ACADEMY

SESSION PLAN FOR TEAM BUILDING ACTIVITIES

| S.no | MODULES | TRAINING OBJECTIVES | FOCUS | DURATION |
|------|------------------------------------|--|---|----------|
| 1 | introduction | To develop their skills and knowledge in a group to manage different people in a corporate environment | Activities based team building | 30 min |
| 2 | Activity 1 Unique and shared | It shows the relationship between person to person | Focuses on qualities of persons | 45min |
| 3 | Activity 2 Blind mans tower | It represents trust and understandings | Makes successful co ordination | 45mins |
| 4 | Activity 3 Photo scavenger hunt | It manipulates the presence of mind among groups individually | Visual aids provided, replies based on groups | 45mins |
| 5 | Activity 4 Role play | It represents attitudinal presentation among groups | Themes and situation is provided Act as one act play | 45 mins |
| 6 | Activity 5 Advertisement act | It creates innovations and creative ideas to make them think out of box | Products and ideas are given | 45 mins |
| 7 | Activity 6 Random alphabets | It motivates the briskness and makes them mentally present | To check their attentiveness | 45mins |
| 8 | Activity 7 Color topics | It improves the speech among public ,enables volunteer and avoids nervousness | Their communication , language , interaction | 45mins |

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| 9 | Activity 8 gossips | It enhances observation capability to groups and individuals | Message passing | 45mins |
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